



VAPING: WHAT YOU NEED TO KNOW

Elizabeth Jorgensen, CADC, will discuss the short-term and long-term effects of vaping, nicotine, and marijuana use. In this workshop, participants will learn vital information about vaping/ JUULing, the connection between addiction and underlying mental health issues such as anxiety, current research on the risks of vaping, and how to talk with your teens and intervene, if necessary.

Monday Jan 13th, presented by Youth to Youth, Wilton Youth Council's student leadership and substance use prevention club at Wilton High School (formerly Warrior Council).

THIS FREE EVENT IS FOR ALL CONCERNED ADULTS AND FOR STUDENTS IN MIDDLE SCHOOL AND UP.

Questions: please contact
Genevieve Eason at
geason@wiltonyouth.org



**TWO OPPORTUNITIES
TO ATTEND!**

**MON, JAN 13TH
7- 8:30PM
TRACKSIDE TEEN CENTER**

Register at:
[VapingWhatYouNeedToKnow.eventbrite.com](https://www.vapingwhatyouneedtoknow.eventbrite.com)

**WED, JAN 15TH
10- 11:30AM
WILTON LIBRARY**

Register at:
www.wiltonlibrary.org/events
or call 203-762-6334

**BROUGHT TO YOU BY
Newport Academy and Trackside Teen Center of Wilton**

